



# CHILD & FAMILY SUPPORT SERVICES

2018-2019

WAIVER PROGRAMS

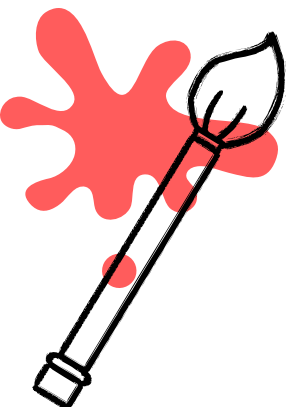
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HABILITATION - RESPITE - SUPPORTED EMPLOYMENT - SPEECH THERAPY

840-11 GRAND CONCOURSE, SUITE 1BB  
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Child & Family Support Services is a not-for-profit organization established in New York City.

We are devoted to providing services for special needs individuals, across the lifespan, that promote skill building, community involvement, and self-advocacy.

We provide Community Habilitation, Day Habilitation "Without Walls", Respite services and Speech Therapy in the Bronx, Manhattan, Brooklyn, and Queens.



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# WHO WE ARE

# DAY HABILITATION WITHOUT WALLS

## WHAT WE DO

Child & Family Support Services' Day Habilitation program is a community-focused service that assists individuals to acquire, retain or improve their self-help, socialization and adaptive skills. Activities and environments are designed to foster the development of each individual in the areas of:

- Communication
- Socialization
- Independence
- Travel
- Community Inclusion
- Relationship Building
- Self-Advocacy
- Artistic Expression
- Physical Health



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## PROGRAM HIGHLIGHTS

- Volunteer Opportunities
- Community Experiences
- Exercise Programs
- Movement & Dance
- Relaxation Techniques
- Music & Auditory Activities
- Fine Motor & Gross Motor Activities
- Nature Experiences
- Community Art Presentations
- Painting, Sculpting, Sewing

## SOCIALIZATION THROUGH RECREATION

Socialization through Recreation offers opportunities to meet new people, improve interpersonal and social skills, gain self-confidence, reduce stress, improve communication, and most importantly, to have fun! Events within the program are based on individual preferences.

# IN-HOME & RECREATIONAL RESPITE

## WHAT WE DO

Respite services provide temporary relief from the demands of caregiving, which helps reduce overall family stress. This often enables families to better meet the needs of their loved one.

Respite is an “indirect” service that provides relief to individuals who are responsible for the primary care and support of an individual with a developmental disability. When a family member, Family Care provider or live-in/house-parent staff person has to deal with such things as illness, emergency, and caregiver or staff vacation, respite services can ensure that their loved one’s needs are met.



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## **IN-HOME**

Short-term breaks can help to relieve stress, restore energy, and promote balance in a caregiver's life. Respite can be provided in the home or out of the home, during the day, evenings or overnight.

Our Respite Care Services include, but are not limited to:

- Assistance with activities of daily living
- Performing light housekeeping
- Providing companionship
- Entertainment
- Assistance with ambulation

## **SATURDAY RECREATIONAL**

Our Saturday Recreation program, from 10:00 a.m. to 2:30 p.m, is offered to 5-17-year-old participants. Each Saturday morning, participants are placed in small age appropriate groups and participate in a variety of structured activities such as relaxation, art, music, sports/games and community outings.



# COMMUNITY HABILITATION

## WHAT WE DO

Individuals participating in this service will work one-on-one with a Community Habilitation Specialist, either at home or in the community, on developing their self-help, socialization and adaptive skills.

As a small organization, our multicultural specialists are assigned a limited caseload, allowing them to focus on building close relationships with the families they serve. Our staff strives to provide person-centered services to the individual in need, and to collaborate with family members in a team-based approach to service provision. Finding the right match between an individual and a specialist is our priority, as we seek to form long-standing and secure connections.



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## PROGRAM HIGHLIGHTS

Community Habilitation is a service designed to assist individuals with developmental disabilities in fostering functional skills that promote independence at home and in the community.

Supports include:

- Adaptive skill development
- Assistance with activities of daily living
- Community inclusion & relationship building
- Training & support for independence in travel
- Adult educational support
- Development of social skills
- Leisure skills
- Self-advocacy & informed choice skills

## PERSON-CENTERED PLANNING

Person-centered planning is a process that can help an individual to learn more about what personal goals are important to them. This includes information about how and where they want to live and how they want to participate in their community. Person-Centered Planning also helps them determine what supports and services are needed to help them move toward their goals.

# EMPLOYMENT SUPPORTS

## WHAT WE DO

Employment services help individuals earn pay, increase their independence, gain self-confidence and develop relationships in their community.

Employment services help individuals identify their strengths, skills, and interests. Employment staff help individuals:

- Put together their resumes,
- Find jobs in the community,
- Apply for jobs.
- Prepare for interviews,

Once the individuals has a job, employment staff help them learn what they need to know to do their job, help when their job changes, and help them understand how to fit in with other employees at work.



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# SUPPORTED EMPLOYMENT (SEMP)

SEMP gives you the supports that you need to get and keep a paid job in the community. People with developmental disabilities often get supported employment after finding a job with support from ACCES-VR (New York State Adult Career and Continuing Education Services-Vocational Rehabilitation), Pathway to Employment, or the Employment Training Program (ETP).

All employment services provide employment staff or job developers and coaches to assist individuals with developmental disabilities at work.

## Job Developers and Coaches:

- Help identify job strengths, skills and interests
- Help with resume development.
- Provide travel training assistance.
- Often accompany applicants to interviews.
- Assist with retraining if job duties change.
- Can help individuals increase their hours.

## **PATHWAY TO EMPLOYMENT**

Pathway to Employment is a person-centered service that works with individuals to:

Individuals can choose Pathway to Employment if they are receiving day habilitation or prevocational services, if they are a student leaving high school, or if they are someone who is interested in getting and keeping a job.

Individuals must be enrolled in OPWDD's Home and Community-Based Services (HCBS) Waiver to be eligible for Pathway to Employment. The Pathway to Employment service is designed to work with other day services including: day habilitation, community habilitation, and prevocational services.

## **EMPLOYMENT TRAINING PROGRAM (ETP)**

ETP gives individuals the chance to work in an internship that builds job experience in a community business and be paid at least minimum wage. ETP helps people:

- Get work experience while in school, and
- Get internships after high school.

In ETP, individuals will learn what they need to know to keep a job. ETP gives them job readiness classes that teach you how to act at and outside of your job.



# COMMUNITY PREVOCATIONAL SERVICE

Community Prevocational Service helps individuals get ready to work by helping them build on their strong points and learn the skills they need to do well at work. Staff work with individuals to help them learn:

- Good work skills like finishing tasks, solving problems, and following directions,
- Good work habits,
- How to get around in your community and how to go places with less help.

# SPEECH THERAPY

## WHAT WE DO

Children participating in this service will work one-on-one with an Speech Pathologist.

Speech therapy aims to improve a student's listening, speaking, reading, writing, and/or social skills in academic and community settings.

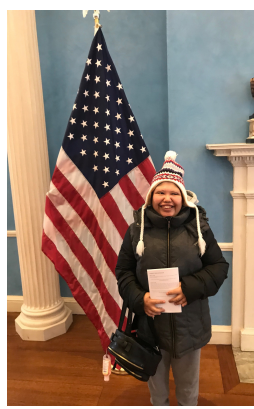
Child & Family Support Services is now accepting referrals for speech-language therapy for children who have Individualized Education Plans (IEPs).



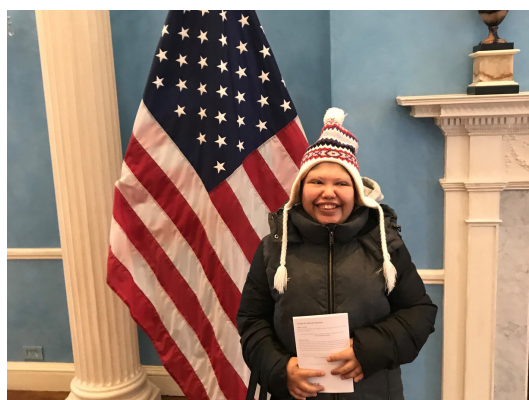
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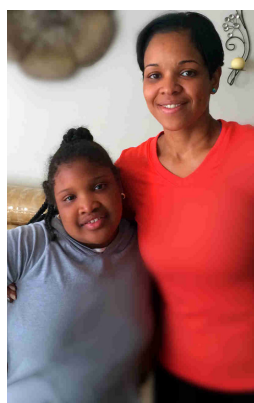
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